

MY STORY



My name is Alice, amongst other names!

I have been diagnosed with Bipolar disorder, Anorexia/Bulimia, Alcoholism and PTSS from childhood abuse.

To cap it all I have physical problems as well, which can have a detrimental effect on my mental health.

I have been in contact with Mental Health Services since 1997 with various admissions into Hellesdon Hospital. In May 2006 things came to a head. My personal life was in tatters along with both my physical and mental health. My first floor flat had become unbearable to live in – noise, fights, drugs etc. It ended one night with the police breaking my door down – wrong address!!

The next day I phoned the Housing Association to find out how near the top of the list I was for a transfer. They had no record of me applying 2 years ago. Eventually Julian Support was involved. They helped me in various ways. Firstly they contacted the Council to find out what was going on.

They liaised with my GP and CPN to get letters that had been written and sent in support of my transfer. This information gradually all came together and resulted in Julian Support fighting my corner to have my application back dated and also put up to Gold Band.